



CLASS SCHEDULE

	MON	TUE	WED	THU	FRI		SAT
5:30AM 6:30AM	Adult Jiu-Jitsu		Adult Jiu-Jitsu		Adult Jiu-Jitsu	9:30AM 10:30AM	Kids Jiu-Jitsu
12:00PM 1:00PM	Adult Jiu-Jitsu		Adult Jiu-Jitsu		Adult Jiu-Jitsu	10:30AM 11:30AM	Adult Jiu-Jitsu
5:00PM 5:50PM	Kids Jiu-Jitsu	Kids Jiu-Jitsu	Kids Jiu-Jitsu	Kids Jiu-Jitsu	Kids Jiu-Jitsu		
6:30PM 7:30PM	Adult Jiu-Jitsu	Adult Jiu-Jitsu	Adult Jiu-Jitsu	Adult Jiu-Jitsu	Open Mat		

Please note that schedule is subject to change.
Kids Class ages are 3-13 and Adults Class ages are 14+